



Patricia's Journey

Empowering Local Families



THE CHALLENGE

Patricia wanted to rebuild her self-confidence after receiving support herself. She sought a meaningful way to use her own life experiences to give back to her community.

THE TURNING POINT

- Overcame initial nerves by using imaginative stories and games to bond with anxious children and relax parents
- Developed a toolkit of crafts and toys to engage children weekly, gaining their trust and building deep family relationships

THE TRIUMPH

- ★ Community Connector: Helping isolated mothers build friendships.
- ★ Family Empowerer: Supporting parents to grow in confidence.
- ★ Career Achiever: Securing paid employment with local families.

QUICK PROFILE

- Family: Worked with single toddlers and twins
- Status: Volunteer

KEY SKILLS

- Creative Play
- Parent Mentorship
- Community Connection

"From feeling nervous on my first visit... to seeing mothers grow in confidence and finding work in the community."